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STATEMENT OF PURPOSE

Welcome to RiverSide Chiropractic. Our purpose in sharing this statement of clinical objectives with you is to share our approach to chiropractic, healing, and those we serve in this office.

As chiropractors, we investigate the way that the human body works. In our efforts to help our patients, we rely on our knowledge of the cells, tissues, organs, and systems that make up the human body. But we are more than the sum of our parts. And chiropractic is much more than a treatment for pain.

There is a life force, evidenced by the movement of energy through our bodies, that is the difference between a live being and something nonliving. Even with all of our parts intact, without the ability to move energy through our systems, we are unable to survive. In fact, the stronger our life force becomes, the more efficiently we are able to move our energy, and the more we are able to thrive. Chiropractic is chiefly concerned with strengthening this life force.

We operate under the assumption that when we encounter forces and experiences that we are unable to completely resolve, our bodies respond by creating distortions throughout our tissues. These distortions read as tension in our bodies and allow us both to continue despite the stress of the unresolved force and yet to remember that experience so that we may learn from it when the time is right. Chiropractic recognizes these tension patterns as subluxations. When your body releases one or more of these subluxation patterns, there is a moment of recognition, you integrate the stored force/experience and then your body releases the tension pattern because it is no longer needed.

Once released, you are able to integrate the experience in your body where before you had been contorting around it. This simple adjustment can have profound effects, leading you overall to a more harmonious and complex expression of the music of who you are.

Our goal is to see changes both in your physical state and in your life. As your system becomes more flexible and you become more attuned to the subtle cues of your body, you will be likely to experience many changes in both your physical state and your quality of life.



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Symptoms are an important communication tool in your body. Pain is like a smoke alarm, alerting you to an area that is not functioning well. Simply turning off pain in your body is like taking the batteries out of your smoke alarm, no alarm will sound but there may still be a fire.

It is possible for a person to have minimal symptoms but to be very ill. It is also possible for a person to be in great discomfort and yet be relatively healthy. The severity of your symptoms does not solely direct your course of treatment in this office.

Therefore we do not treat specific symptoms, conditions, or ailments other than vertebral subluxations. We do not seek to imply that any particular adjustment or treatment that we deliver will have a direct effect on any symptom or condition that you may present with other than a vertebral subluxation.

Treating vertebral subluxations may have an indirect positive impact on many aspects of your health. Research studies conducted with thousands of patients indicate that patients receiving Network Chiropractic report significant improvements in their physical and emotional health and well-being.

We encourage any individual having a concern about a symptom or ailment to consult with a disease or symptom based care specialist.

By their very intent, various treatments may interfere with the functioning of your nervous system. This may include drugs such as pain relievers, muscle relaxers, anti-inflammatory compounds, and mood altering medications. These treatments can often prolong the time that is required for chiropractic care to improve the health of your nervous system.

It is possible that in the course of your care in this office, your needs for medications and other treatments may change. We advise you to be aware of this and to stay in close communication with the physician who is administering these medications and/or treatments for you. **It is very important that you do NOT make any alterations to your medications, their dosages, or to any other treatment plan without first consulting your physician.**

Sincerely,

Jae Ehrich-Meyer, DC